

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**“The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.”**  
**— Helen Keller**

**All Calendars will be delivered by the 1st of every month.**

**1**  
 10:30 Name That Tune  
 11:30 Light Stretch & Chair Yoga  
 1:00 Groundhog Day Celebration!  
 1:30 Country of the Month, France  
 3:00 One on One Sessions Groundhog Day

**2**  
 10:00 Art with Elaine  
 11:30 WHAMO! Card Game  
 1:00 Game: Would You Rather?  
 2:00 Community Service Discussion  
 3:00 "Painters Walk"

**3**  
 10:00 Trivia with Mark  
 2:00 BINGO

**4**  
 1:30 Worship Service -Chapel

**5**  
 10:00 Weekly Newsletter  
 11:30 "Pay a Compliment Day"  
 1:00 Movie Matinee  
 3:00 One on One Crafting: Bookmarks

**6**  
 10:00 Rise & Shine Stretching  
 11:00 Making Greeting Cards  
 1:00 Game: The Price is Right!  
 2:00 Game: Playing Plinko!  
 3:00 One on One Sessions

**7**  
 10:00 Weekly News  
 10:30 Book Club!  
 11:30 Fun & Gentle Movement with Denise  
 1:00 Learn About: Operas  
 2:00 Bingo!  
 3:00 One on One Sessions

**8**  
 10:00 Woman's Monthly Tea  
 11:30 Light Stretching & Chair Yoga  
 1:00 Learn About: Horoscopes  
 2:00 Country of the Month: French Crafting  
 3:00 One on One Sessions

**9**  
 10:00 "Inventor's Walk"  
 11:00 Blackjack Card Game  
 1:00 Recognizing Achievements  
 2:00 Music by Fred Dicesare McKnight Room  
 3:00 One on One Sessions

**10**  
 11:00 Trivia with Mark  
 2:00 BINGO

**11**  
 1:30 Worship Service -Chapel

**12**  
 10:00 Weekly Newsletter  
 10:30 Rosary with Mary  
 11:30 Self-Love Activity  
 1:00 Movie Matinee  
 3:00 One on One Crafting: Valentine's Coloring Sheets

**13**  
 10:00 Rise & Shine Stretching  
 10:30 Worship Service in the Chapel  
 11:30 Valentine's Activity  
 1:00 Valentine's Craft: Heart Sun Catchers  
 2:30 Valentine's Day Party!  
 Valentine's Day

**14**  
 10:00 Weekly News  
 10:30 Book Club!  
 11:30 Fun & Gentle Movement with Denise  
 1:00 Learn About: Hibernating Animals in NYS  
 2:00 Bingo!  
 3:00 One on One Sessions

**15**  
 10:00 Men's Monthly Coffee  
 11:30 Light Stretching & Chair Yoga  
 1:00 Learn About: Fat Thursday  
 2:00 Country of the Month: French Games & Traditions  
 3:00 One on One Sessions

**16**  
 10:00 "Care-Giver's Walk"  
 10:30 Random Acts of Kindness Activity  
 11:00 Uno! Card Game  
 1:00 Game: Getting to Know Your Neighbor  
 2:00 Community Service Project  
 3:00 One on One Sessions

**17**  
 11:00 Trivia with Mark  
 2:00 BINGO

**18**  
 1:30 Worship Service -Chapel

**19**  
 10:00 Weekly Newsletter  
 11:00 "President's Walk"  
 1:00 Movie Matinee  
 3:00 One on One Crafting: Mardi Gras Coloring Sheets  
 Presidents' Day

**20**  
 10:00 Rise & Shine Stretching  
 10:30 Worship Service in the Chapel  
 11:00 Brain Game Word Problems  
 1:00 Craft: Mardi Gras Masks  
 2:30 Celebrating Mardi Gras!  
 Mardi Gras

**21**  
 10:00 Weekly News  
 10:30 Book Club!  
 11:30 Fun & Gentle Movement with Denise  
 1:00 Ash Wednesday  
 2:00 Bingo!  
 3:00 One on One Sessions  
 Ash Wednesday

**22**  
 10:00 Light Stretch & Chair Yoga  
 11:00 Game: Family Feud!  
 1:00 Learn About: Battle of the Alamo  
 2:00 Country of the Month: French Cuisine  
 3:00 One on One Sessions

**23**  
 10:00 "Forget me not" Discussion  
 11:00 Game: Hangman!  
 1:00 Monthly Recreation Meeting  
 2:00 Happy Hour with Neighbors  
 3:00 One on One Sessions

**24**  
 11:00 Trivia with Mark  
 2:00 BINGO

**25**  
 1:30 Worship Service -Chapel

**26**  
 10:00 Weekly Newsletter  
 10:30 Rosary with Mary  
 1:00 Movie Matinee  
 3:00 One on One Crafting: French Coloring Sheets

**27**  
 10:00 Rise & Shine Stretching  
 10:30 Worship Service in the Chapel  
 11:00 Bowling!  
 1:00 National Science Day Demonstrations  
 3:00 One on One Sessions

